

## **WINSTARS SOCCER ACADEMY - UPDATE OCTOBER 31ST**

Good afternoon, Excited to start the indoor season and our home for training is Soccer 360 at 7551 Jane Street, Vaughan. L4K 1X2, South of Hwy 7 and North of Hwy. 407 Monthly payment or 6 month payment is due, tomorrow is the 1<sup>st</sup> of the month, payments can be made by e-transfer to [winstarsoccer@bellnet.ca](mailto:winstarsoccer@bellnet.ca) or by credit card, \$495 per month or \$2850 for the six months. Would appreciate funds ASAP.



Tomorrow night we will start, and we will be doing strength and conditioning, please wear all grey adidas training gear and adidas grey training jacket and running shoes and cleats, not sure what the trainer wants you to

wear. Please arrive at facility 15 minutes prior to training, there is an area for parents to watch and a snack bar.

Our Coach Dante will be working with Mark Mc Koy, his bio below.

Mark Anthony Mc Koy is a Canadian Olympic Gold Medalist, World Champion & World Record Holder, and 5-time Olympian. He won the gold medal in the 110 meters hurdles at the 1992 Barcelona Olympics. He also won the 60 meters hurdles title at the 1993 IAAF World Indoor Championships, and the 110 meters hurdles titles at the Commonwealth Games in 1982 and 1986.

**This week schedule. All at Soccer 360**

**Wednesday November 1 Training from 9pm – 10:30pm**

**Saturday November 4 Training from 2pm – 4pm**

**Sunday November 5 Training from 2pm – 4pm**

**Our Schedule for training for the indoor Season:**

Wednesday evenings – from 9pm – 10:30pm – Strength and conditioning

Saturday afternoon – from 2pm – 4pm - Full Field Training – we have the large turf field.

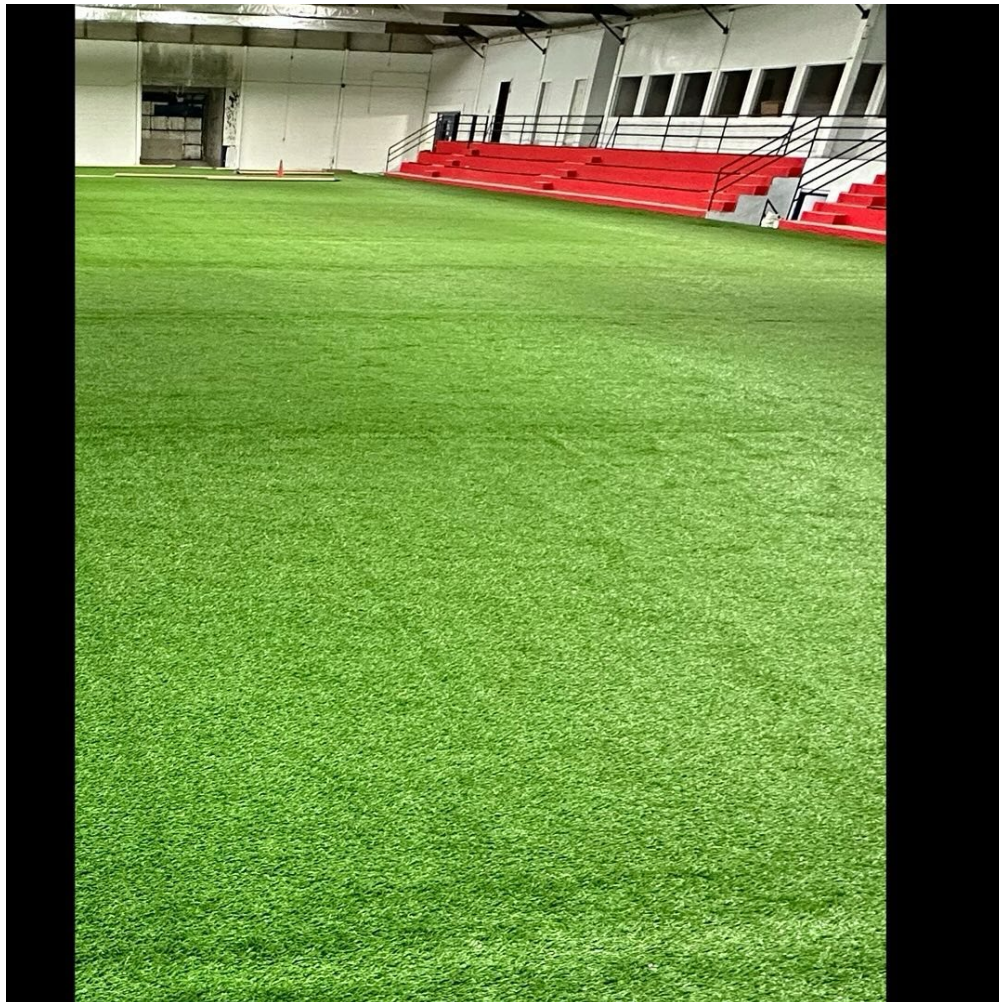
Sunday afternoon – from 2pm – 4pm – Full Field Training – we have the large turf field.

Excited and looking forward to getting started with our indoor season and start getting our 2006 and 2007 players athletic scholarships.

Bobby Graham

Academy Director [www.winstarsoccer.com](http://www.winstarsoccer.com)

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[7551 Jane St. Vaughan - Search \(bing.com\) -](#)  
Directions.